



Report Regarding Celebration of International Yoga Day

Date:	21/06/2023	Time:	08:15 AM to 10:45 AM
Activity Name:	Celebration of International Yoga Day	Place :	College of ABM, Gunjalwaadipathar, Sangamner
Organized by :	NSS Department		

The International Day of Yoga has been celebrated across the world annually on June 21 since 2015, following its inception in the United Nations General Assembly in 2014. Yoga is a physical, mental and spiritual practice which originated in ancient India. The Indian Prime Minister Narendra Modi, in his UN address in 2014, had suggested the date of June 21, as it is the longest day of the year in the Northern Hemisphere and shares a special significance in many parts of the world. Due to this reason, this day was celebrated in the college of agriculture business management, Gunjalwaadi Pathar by NSS Department. The event was attended by all the NSS volunteers.

In the program, **Yoga guidance and practice** conducted by **Mr. Ramesh Pawase (Yoga Teacher)** at **Badminton Court of Dr. R.S. Gunjal Institute**. All NSS volunteers participated in Yoga practice.



